

Auriculotherapy Certification Exam Terms To Know

Auricular - Somatic Correspondences

Remote Reflex Sites
Somatotopic Inversion
Ipsilateral Representation of Ear Points
Reactive Ear Reflex Points
Electrodermal Skin Resistance
Electrodermal Skin Conductance
Organo-Cutaneous Reflexes
Cutaneo-Organic Reflexes
Paul Nogier Discoveries
Nanking Army Ear Acupuncture Team Discoveries
H.L. Wen Discoveries
NADA Protocol
Acupuncture Microsystem Theory
Holographic Theory
Neurophysiological Theory
Endorphin Theory
Embryological Territories

Anatomy of the External Ear (Auricle)

Helix Root (HX-R)
Helix Arch (HX-A)
Helix Tail (HX-T)
Antihelix Body (AH-R)
Antihelix Tail (AH-T)
Inferior Crus of Antihelix (AH-I)
Superior Crus of Antihelix (AH-S)
Tragus (TG)
Antitragus (AT)
Intertragic Notch (IT)
Lobe (LO)
Scaphoid Fossa (SF)
Triangular Fossa (TF)
Superior Concha (SC)
Inferior Concha (IC)
Concha Ridge (CR)
Concha Wall (CW)
Internal Helix (IH)
Posterior Lobe (PL)
Posterior Groove (PG)
Posterior Concha (PC)
Auricular Landmarks (LM)

Auriculotherapy Treatment Skills

Auricular Diagnosis Procedures (AurDx)
 Auriculotherapy Treatment Procedures (AurTx)
 Auricular Acupressure
 Ear Acubeads, Ear Pellets or Ear Seeds
 Auricular Acupuncture Needles
 Auricular Electroacupuncture
 Auricular Transcutaneous Electrical Nerve Stimulation (AurTENS)
 Auricular Laser Stimulation

Master Points on the Auricle

Point Zero (Ear Center) on Helix Root at LM_0
 Shen Men (Spirit Gate) on tip of Triangular Fossa
 Autonomic Point (Sympathetic Point) at medial end of Inferior Crus at LM_18
 Allergy Point (Ear Apex) at Apex of Helix Arch at LM_2
 Thalamus Point (Subcortex Point) on Concha Wall behind Antitragus at LM_13
 Master Endocrine Point on Concha Wall below Intertragic Notch below LM_9
 Master Oscillation Point under Subtragus
 Tranquilizer Point on inferior Tragus
 Master Sensorial Point at center of Ear Lobe below LM_13
 Master Cerebral Point at medial side of Ear Lobe below LM_9

Musculoskeletal Points on the External Ear

Cervical Spine and Vertebrae on Antihelix Tail, between LM_14 & LM_15
 Thoracic Spine and Vertebrae on Antihelix Body, between LM_15 & LM_16
 Lumbar Spine and Vertebrae on Antihelix Inferior Crus, between LM_16 & LM_17
 Sacral Spine and Vertebrae on Antihelix Inferior Crus, between LM_17 & LM_18
 Chinese Hip, Knee, Ankle, Foot inverted ear points on Antihelix Superior Crus
 French Hip, Knee, Ankle, and Foot inverted ear points in Triangular Fossa
 Shoulder, Elbow, Wrist, and Hand inverted ear points in Scaphoid Fossa
 Occiput, Temples, and Forehead ear points on Antitragus from LM_12 to LM_14
 Face, TMJ, Jaw and Dental Analgesia points on Ear Lobe
 Eye, Ear, Nose, and Skin Sensory points on Ear Lobe, Tragus, & Helix Tail

Internal Organ Points on the Auricle

Digestive Organ Points

Mouth and Esophagus in Inferior Concha

Stomach on Concha Ridge, from LM_0 to LM_19

Small and Large Intestines in Superior Concha

Thoracic Organ Points on the Auricle

Chinese Heart point in Inferior Concha

Nogier Heart point on Antihelix Body

Lung 1, Lung 2, Bronchi, Pharynx Larynx in Inferior Concha

Diaphragm on Helix Root, between LM_0 and LM_1

Qi energy for Chinese Heart, Lung, Kidney, Liver, and Spleen ear points

Abdominal Organ Points on the Auricle

Liver on Concha Ridge, from LM_19 to LM_20

Chinese Spleen on Inferior Concha of Left ear, below LM_20

Gall Bladder on Superior Concha of Right ear

Pancreas on Superior Concha, above LM_20

Appendix on Superior Concha

Urogenital Organ Points on the Auricle

Chinese Kidney and Ureter on Superior Concha, below LM_16

French Kidney and Ureter on Internal Helix

Bladder on Superior Concha, below LM_17

Chinese Uterus in Triangular Fossa

Chinese and European External Genitals on Helix Root

Neuro-Endocrine Glands on the Auricle

Chinese Adrenal Gland and ACTH on Tragus, at LM_10

European Adrenal Gland and Cortisol on superior Concha Wall

Thymus Gland and Mammary Glands on superior Concha Wall

Thyroid Gland on superior Concha Wall

Pineal Gland on Tragus at Intertragic Notch, above LM_9

Pituitary Gland on Intertragic Notch Concha Wall

Sensory Somatic Nerves on Anterior Surface of the Auricle

Motor Nerves Represented on Posterior Ear of the Auricle

Sciatic Nerve on Antihelix Inferior Crus, at LM_17

Auditory Nerve on Subtragus, below LM_10

Trigeminal Nerve on peripheral Ear Lobe

Vagus Nerve in Inferior Concha, next to Ear Canal

Central Nervous System

Spinal Cord on Helix Tail, between LM_4 & LM_5
 Brain Stem on Lateral Ear Lobe, between LM_5 & LM_6
 Chinese Brain on Concha Wall, below LM_14
 Hypothalamus on Inferior Concha, above LM_21
 Hippocampal Limbic Brain and Striatum on Ear Lobe below Antitragus ridge
 Amygdala Limbic Brain on Ear Lobe next to Intertragic Notch
 Occipital Cortex, Temporal Cortex, and Parietal Cortex on Ear Lobe
 Frontal Cortex on medial side of Ear Lobe, between LM_8 & LM_9

Chinese and European Functional Points

Asthma Point on Antitragus Apex, at LM_13
 Antihistamine, Constipation, and Hepatitis Points on Triangular
 Fossa Hypertension Points 1, 2, 3 on Triangular Fossa, lower Tragus,
 & Posterior Groove
 Lumbago Point on Antihelix Body below Superior Crus
 Muscle Relaxation Point on Inferior Concha, below LM_19
 Appetite Control (Hunger Point) on Tragus, above LM_10
 Anti-Inflammatory Helix Points
 Anti-Aggressivity or Irritability Point on Lobe near Intertragic Notch
 Anti-Depressant Point on Lobe below Antitragus
 Vitality Point on Tragus

Auricular Treatment Protocols

Auricular Treatments for Addictions
 NADA Protocol
 Smoking Cessation Treatments
 Weight Control Treatments
 Battlefield Acupuncture Protocol
 Back Pain and Sciatica Auricular Treatments
 Headaches, Neck Tension and TMJ Disorder Treatments
 Shoulder Tension Treatments
 Carpal Tunnel and Tennis Elbow Treatments
 Sensorineural Deafness and Tinnitus Treatments
 Shingles and Peripheral Neuralgia Treatments
 Peri-Menstrual Syndrome Treatments
 Nausea and Vomiting Treatments
 Asthma and Allergies Treatments
 High Blood Pressure Treatments
 Insomnia Treatments
 Depression Treatments
 Anxiety Treatments
 ADHD Treatments

Reference: Oleson, T. (2014) *Auriculotherapy Manual: Chinese and Western Systems of Ear
 Acupuncture, 4th Edition*. London : Churchill Livingstone.