Auriculotherapy Certification Exam Terms To Know

Auricular - Somatic Correspondences

Remote Reflex Sites
Somatotopic Inversion
Ipsilateral Representation of Ear Points
Reactive Ear Reflex Points
Electrodermal Skin Resistance
Electrodermal Skin Conductance
Organo-Cutaneous Reflexes
Cutaneo-Organic Reflexes
Paul Nogier Discoveries
Nanking Army Ear Acupuncture Team Discoveries
H.L. Wen Discoveries
NADA Protocol
Acupuncture Microsystem Theory
Holographic Theory
Neurophysiological Theory
Endorphin Theory
Embryological Territories

Anatomy of the External Ear (Auricle)

Helix Root (HX-R)
Helix Arch (HX-A)
Helix Tail (HX-T)
Antihelix Body (AH-R)
Antihelix Tail (AH-T)
Inferior Crus of Antihelix (AH-I)
Superior Crus of Antihelix (AH-S)
Tragus (TG)
Antitragus (AT)
Intertragic Notch (IT)
Lobe (LO)
Scaphoid Fossa (SF)
Triangular Fossa (TF)
Superior Concha (SC)
Inferior Concha (IC)
Concha Ridge (CR)
Concha Wall (CW)
Internal Helix (IH)
Posterior Lobe (PL)
Posterior Groove (PG)
Posterior Concha (PC)
Auricular Landmarks (LM)
Auriculotherapy Treatment Skills

Auricular Diagnosis Procedures (AurDx)
Auriculotherapy Treatment Procedures (AurTx)
Auricular Acupressure
Ear Acubeads, Ear Pellets or Ear Seeds
Auricular Acupuncture Needles
Auricular Electroacupuncture
Auricular Transcutaneous Electrical Nerve Stimulation (AurTENS)
Auricular Laser Stimulation

Master Points on the Auricle

Point Zero (Ear Center) on Helix Root at LM_0
Shen Men (Spirit Gate) on tip of Triangular Fossa
Autonomic Point (Sympathetic Point) at medial end of Inferior Crus at LM_18
Allergy Point (Ear Apex) at Apex of Helix Arch at LM_2
Thalamus Point (Subcortex Point) on Concha Wall behind Antitragus at LM_13
Master Endocrine Point on Concha Wall below Intertragic Notch below LM_9
Master Oscillation Point under Subtragus
Tranquilizer Point on inferior Tragus
Master Sensorial Point at center of Ear Lobe below LM_13
Master Cerebral Point at medial side of Ear Lobe below LM_9

Musculoskeletal Points on the External Ear

Cervical Spine and Vertebrae on Antihelix Tail, between LM_14 & LM_15
Thoracic Spine and Vertebrae on Antihelix Body, between LM_15 & LM_16
Lumbar Spine and Vertebrae on Antihelix Inferior Crus, between LM_16 & LM_17
Sacral Spine and Vertebrae on Antihelix Inferior Crus, between LM_17 & LM_18
Chinese Hip, Knee, Ankle, Foot inverted ear points on Antihelix Superior Crus
French Hip, Knee, Ankle, and Foot inverted ear points in Triangular Fossa
Shoulder, Elbow, Wrist, and Hand inverted ear points in Scaphoid Fossa
Occiput, Temples, and Forehead ear points on Antitragus from LM_12 to LM_14
Face, TMJ, Jaw and Dental Analgesia points on Ear Lobe
Eye, Ear, Nose, and Skin Sensory points on Ear Lobe, Tragus, & Helix Tail

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Internal Organ Points on the Auricle

Digestive Organ Points
- Mouth and Esophagus in Inferior Concha
- Stomach on Concha Ridge, from LM_0 to LM_19
- Small and Large Intestines in Superior Concha

Thoracic Organ Points on the Auricle

- Chinese Heart point in Inferior Concha
- Nogier Heart point on Antihelix Body
- Lung 1, Lung 2, Bronchi, Pharynx Larynx in Inferior Concha
- Diaphragm on Helix Root, between LM_0 and LM_1
- Qi energy for Chinese Heart, Lung, Kidney, Liver, and Spleen ear points

Abdominal Organ Points on the Auricle

- Liver on Concha Ridge, from LM_19 to LM_20
- Chinese Spleen on Inferior Concha of Left ear, below LM_20
- Gall Bladder on Superior Concha of Right ear
- Pancreas on Superior Concha, above LM_20
- Appendix on Superior Concha

Urogenital Organ Points on the Auricle

- Chinese Kidney and Ureter on Superior Concha, below LM_16
- French Kidney and Ureter on Internal Helix
- Bladder on Superior Concha, below LM_17
- Chinese Uterus in Triangular Fossa
- Chinese and European External Genitals on Helix Root

Neuro-Endocrine Glands on the Auricle

- Chinese Adrenal Gland and ACTH on Tragus, at LM_10
- European Adrenal Gland and Cortisol on superior Concha Wall
- Thymus Gland and Mammary Glands on superior Concha Wall
- Thyroid Gland on superior Concha Wall
- Pineal Gland on Tragus at Intertragic Notch, above LM_9
- Pituitary Gland on Intertragic Notch Concha Wall

- Sensory Somatic Nerves on Anterior Surface of the Auricle
- Motor Nerves Represented on Posterior Ear of the Auricle
- Sciatic Nerve on Antihelix Inferior Crus, at LM_17
- Auditory Nerve on Subtragus, below LM_10
- Trigeminal Nerve on peripheral Ear Lobe
- Vagus Nerve in Inferior Concha, next to Ear Canal
Central Nervous System

- Spinal Cord on Helix Tail, between LM_4 & LM_5
- Brain Stem on Lateral Ear Lobe, between LM_5 & LM_6
- Chinese Brain on Concha Wall, below LM_14
- Hypothalamus on Inferior Concha, above LM_21
- Hippocampal Limbic Brain and Striatum on Ear Lobe below Antitragus ridge
- Amygdala Limbic Brain on Ear Lobe next to Intertragic Notch
- Occipital Cortex, Temporal Cortex, and Parietal Cortex on Ear Lobe
- Frontal Cortex on medial side of Ear Lobe, between LM_8 & LM_9

Chinese and European Functional Points

- Asthma Point on Antitragus Apex, at LM_13
- Antihistamine, Constipation, and Hepatitis Points on Triangular Fossa Hypertension Points 1, 2, 3 on Triangular Fossa, lower Tragus, & Posterior Groove
- Lumbago Point on Antihelix Body below Superior Crus
- Muscle Relaxation Point on Inferior Concha, below LM_19
- Appetite Control (Hunger Point) on Tragus, above LM_10
- Anti-Inflammatory Helix Points
- Anti-Aggressivity or Irritability Point on Lobe near Intertragic Notch
- Anti-Depressant Point on Lobe below Antitragus
- Vitality Point on Tragus

Auricular TreatmentProtocols

- Auricular Treatments for Addictions
- NADA Protocol
- Smoking Cessation Treatments
- Weight Control Treatments
- Battlefield Acupuncture Protocol
- Back Pain and Sciatica Auricular Treatments
- Headaches, Neck Tension and TMJ Disorder Treatments
- Shoulder Tension Treatments
- Carpal Tunnel and Tennis Elbow Treatments
- Sensorineural Deafness and Tinnitus Treatments
- Shingles and Peripheral Neuralgia Treatments
- Peri-Menstrual Syndrome Treatments
- Nausea and Vomiting Treatments
- Asthma and Allergies Treatments
- High Blood Pressure Treatments
- Insomnia Treatments
- Depression Treatments
- Anxiety Treatments
- ADHD Treatments